

AMSPORT® ENERGY MINERAL K3 CARB BOOSTER – ISOTONIC DRINK POWDER

Flavour: Red fruits, peach and passion fruit, orange, lime and grapefruit

Package size: 1.7g

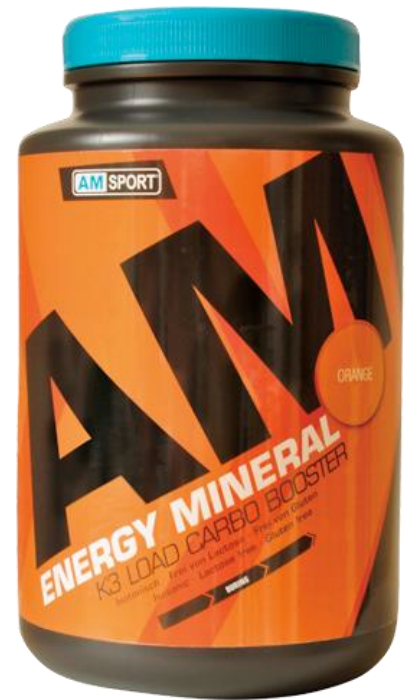
Pharmaceutical form: Powder

Isotonic sports drink with added vitamins



BEFORE DURING AFTER

- »»» Isotonic
- »»» Fructose free – no stomach aches,
Gluten and lactose free
- »»» Fat free



Energy Mineral is a multipurpose isotonic sports drink designed to support medium-intensity endurance exercise: It refuels, rehydrates and optimises your energy metabolism. Three sources of carbohydrates (maltodextrin, sucrose and dextrose) provide fast and constant energy release to keep your muscles fueled for up to one hour of exercise per serving and also make it an ideal drink for carbo-loading. Each 1700g tub contains enough powder to make 17l of drink and is ideally suited to mixing with our amino acid formulas. A must for all those who like to push themselves to their limits - or beyond!

How to take:

Make 1 serving (50g powder + 500ml of water) and shake thoroughly for rapid energy supply and rehydration. Consumption depends on the loss of liquid or the energy requirement for training. It is very important to keep hydrated during training and competition.

Product variation:

Flavour	Size	Product EAN
Red fruits	1.7g	4260213071808
Peach & Passionfruit	1.7g	4260213070818
Orange	1.7g	4260213070030
Lime & Grapefruit	1.7g	4260213074205

May contain traces of chicken protein and soybeans.



August 2016

Manufactured & controlled in Germany
MARK WARNECKE GmbH · Flaßkuhle 6 · D-58452 Witten
www.amsportuk.com

RED FRUITS

Ingredients:

Ingredients: sucrose, maltodextrin, dextrose, flavoring, acidifying agent (L (+) - tartaric acid, citric acid), tri sodium citrate, food salt, coloring food, red beet powder, potassium citrate, release agent (silica), calcium gluconate, elderberry fruit powder Maltodextrin, elderberry concentrate, acidifying agent citric acid, caramel sugar syrup), magnesium gluconate, sodium ascorbate, L-ascorbic acid, D-alpha tocopheryl acetate (containing soybean), nicotinamide, calcium D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, pteroylmonoglutamic acid, D-biotin, cyanocobalamin

Nutritional Values:

	Per 100g	% NRV*	Per serving **	% NRV*
Energy	1.600 kJ / 376 kcal	—	800 kJ / 188 kcal	—
Fat	< 0,1 g	—	< 0,1 g	—
• Of which saturates	< 0,1 g	—	< 0,1 g	—
Carbohydrates	90,0 g	—	45,0 g	—
• Of which sugars	57,1 g	—	28,55 g	—
Protein	0,1 g	—	< 0,1 g	—
Salt	2,0 g	—	1,0 g	—
Lactose	< 0,1 g	—	< 0,1 g	—
Vitamin C	80,0 mg	100 %	40,0 mg	50 %
Niacin	16,0 mg	100 %	8,0 mg	50 %
Vitamin E	12,0 mg	100 %	6,0 mg	50 %
Pantothenic acid	7,4 mg	123 %	3,7 mg	62 %
Vitamin B6	1,4 mg	100 %	0,7 mg	50 %
Vitamin B2 (Riboflavin)	1,4 mg	100 %	0,7 mg	50 %
Vitamin B1 (Thiamin)	1,1 mg	100 %	0,55 mg	50 %
Folic acid	200 µg	100 %	100 µg	50 %
Biotin	50,0 µg	100 %	25,0 µg	50 %
Vitamin B12	2,5 µg	100 %	1,25 µg	50 %
Chloride	547 mg	68 %	273 mg	34 %
Natrium	810 mg	—	405 mg	—

* NRV = % of nutrient reference values (according to Regulation (EC) No. 1169/2011)

** 1 serving: 50g + 500ml water



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PEACH AND PASSIONFRUIT

Ingredients:

Maltodextrin, sucrose, dextrose, citric acid, tri-sodium citrate, flavoring (containing lactose), food salt, potassium citrate, release agent (silica), calcium gluconate, magnesium gluconate, sodium ascorbate, L-ascorbic acid, D-alpha tocopheryl acetate (containing soya), nicotinamide, Calcium pantothenate, dye (beta-carotene), pyridoxine hydrochloride, thiamine mononitrate, riboflavin, pteroylmonoglutamic acid, D-biotin, cyanocobalamin

Nutritional Values:

	Per 100g	% NRV*	Per serving**	% NRV*
Energy	1.605 kJ / 377 kcal	—	803 kJ / 188 kcal	—
Fat	< 0,1 g	—	< 0,1 g	—
• Of which saturates	< 0,1 g	—	< 0,1 g	—
Carbohydrates	91,0 g	—	45,5 g	—
• Of which sugars	54,3 g	—	27,1 g	—
Protein	< 0,1 g	—	< 0,1 g	—
Salt	2,0 g	—	1,0 g	—
Lactose	0,3 g	—	0,15 g	—
Vitamin C	80,0 mg	100 %	40,0 mg	50 %
Niacin	16,0 mg	100 %	8,0 mg	50 %
Vitamin E	12,0 mg	100 %	6,0 mg	50 %
Pantothenic acid	7,4 mg	123 %	3,7 mg	62 %
Vitamin B6	1,4 mg	100 %	0,7 mg	50 %
Vitamin B2 (Riboflavin)	1,4 mg	100 %	0,7 mg	50 %
Vitamin B1 (Thiamin)	1,1 mg	100 %	0,55 mg	50 %
Folic acid	200 µg	100 %	100 µg	50 %
Biotin	50,0 µg	100 %	25,0 µg	50 %
Vitamin B12	2,5 µg	100 %	1,25 µg	50 %
Chloride	546 mg	68 %	273 mg	34 %
Natrium	810 mg	—	405 mg	—

* NRV = of nutrient reference values (according to Regulation (EC) No. 1169/2011)

** 1 serving: 50g + 500ml water



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ORANGE

Ingredients:

Maltodextrin, sucrose, dextrose, citric acid, flavor, tri-sodium citrate, food salt, potassium citrate, calcium gluconate, release agent (silica), magnesium gluconate, sodium ascorbate, L-ascorbic acid, D-alpha tocopheryl acetate (contains soya) (Beta-carotene), pyridoxine hydrochloride, thiamine mononitrate, riboflavin, pteroylmonoglutamic acid, D-biotin, cyanocobalamin

Nutritional values:

	Per 100g	% NRV*	Per serving**	% NRV*
Energy	1603 kJ / 377 kcal	—	802 kJ / 188 kcal	—
Fat	< 0,1 g	—	< 0,1 g	—
• Of which saturates	< 0,1 g	—	< 0,1 g	—
Carbohydrates	90,5 g	—	45,3 g	—
• Of which sugars	54,8 g	—	27,4 g	—
Protein	< 0,1 g	—	< 0,1 g	—
Salt	2,1 g	—	1,1 g	—
Lactose	< 0,1 g	—	< 0,1 g	—
Vitamin C	80,0 mg	100 %	40,0 mg	50 %
Niacin	16,0 mg	100 %	8,0 mg	50 %
Vitamin E	12,0 mg	100 %	6,0 mg	50 %
Pantothenic acid	7,4 mg	123 %	3,7 mg	62 %
Vitamin B6	1,4 mg	100 %	0,7 mg	50 %
Vitamin B2 (Riboflavin)	1,4 mg	100 %	0,7 mg	50 %
Vitamin B1 (Thiamin)	1,1 mg	100 %	0,55 mg	50 %
Folic acid	200 µg	100 %	100 µg	50 %
Biotin	50,0 µg	100 %	25,0 µg	50 %
Vitamin B12	2,5 µg	100 %	1,25 µg	50 %
Chloride	546 mg	68 %	273 mg	34 %
Natrium	810 mg	—	405 mg	—

* NRV = of nutrient reference values (according to Regulation (EC) No. 1169/2011)

** 1 serving: 50g + 500ml water



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LIME AND GRAPEFRUIT

Ingredients:

Ingredients: Maltodextrin, sucrose, dextrose, citric acid, flavor, food salt, sodium citrate, potassium citrate, release agent (silica), calcium gluconate, magnesium gluconate, sodium ascorbate, LAscorbic acid, D-alpha tocopheryl acetate, nicotinamide, calcium D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, Pteroylmonoglutamic acid, dye (beta-carotene), D-biotin, cyanocobalamin

Nutritional values:

	Per 100g	% NRV*	Per serving**	% NRV*
Energy	1601 kJ / 376 kcal	—	800 kJ / 188 kcal	—
Fat	< 0,1 g	—	< 0,1 g	—
• Of which saturates	< 0,1 g	—	< 0,1 g	—
Carbohydrates	90,3 g	—	45,1 g	—
• Of which sugars	54,2 g	—	27,1 g	—
Protein	< 0,1 g	—	< 0,1 g	—
Salt	1,4 g	—	0,69 g	—
Vitamin C	80,0 mg	100 %	40,0 mg	50 %
Niacin	16,0 mg	100 %	8,0 mg	50 %
Vitamin E	12,0 mg	100 %	6,0 mg	50 %
Pantothenic acid	7,4 mg	123 %	3,7 mg	62 %
Vitamin B6	1,4 mg	100 %	0,7 mg	50 %
Vitamin B2 (Riboflavin)	1,4 mg	100 %	0,7 mg	50 %
Vitamin B1 (Thiamin)	1,1 mg	100 %	0,55 mg	50 %
Folic acid	200 µg	100 %	100 µg	50 %
Biotin	50,0 µg	100 %	25,0 µg	50 %
Vitamin B12	2,5 µg	100 %	1,3 µg	50 %
Chloride	546 mg	68 %	273 mg	34 %
Natrium	549 mg	—	247 mg	—

* NRV = of nutrient reference values (according to Regulation (EC) No. 1169/2011)

** 1 serving: 50g + 500ml water



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